



MROO

Municipal Retirees  
ORGANIZATION ONTARIO

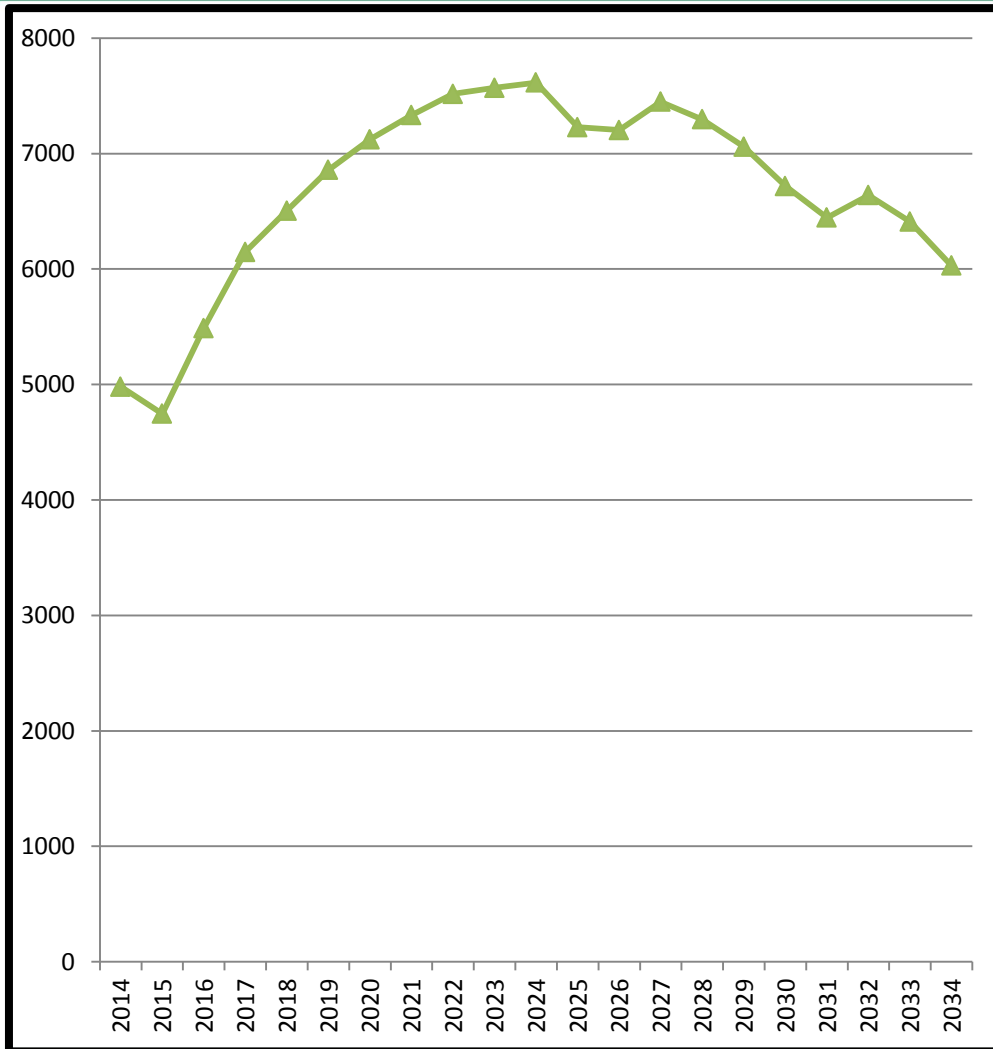
# MROO Retirement Planning Seminars

Why we offer them

What they include

Protecting the pensions and enhancing the quality of life for all OMERS pensioners.

# MROO Retirement Planning Seminars



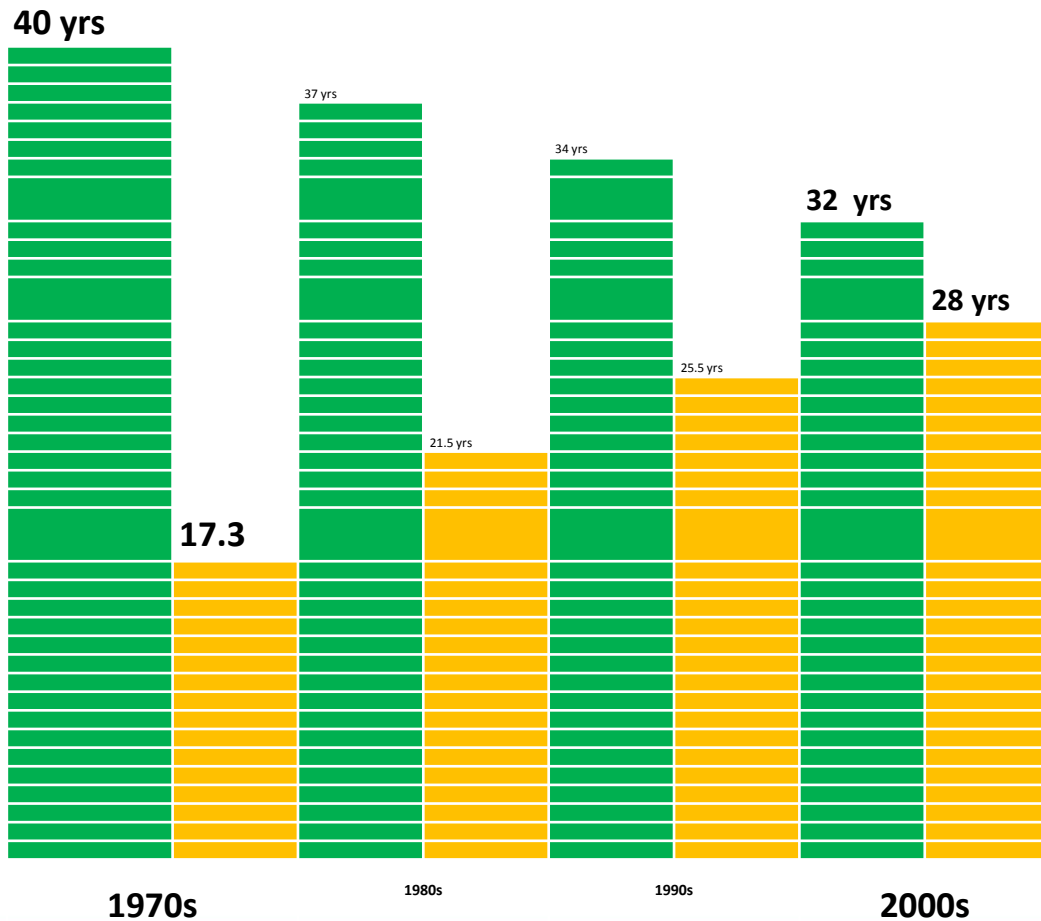
OMERS  
PROJECTED  
NEW RETIREES  
ANNUALLY  
2014 to 2034



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# MROO Retirement Planning Seminars

Average Length of Working Lives vs Average Length of Retired Lives in Canada



# MROO Retirement Planning Seminars

## Retirement's Not Always Rosy

- Published research indicates:
  - 5-16% more mobility difficulties
  - 5-6% more illness conditions
  - 6-9% lower mental health metrics
  - More chronic disability, chronic illness
  - Psychological: identity disruption, decision paralysis, diminished self-trust, domestic friction



# MROO Retirement Planning Seminars

## OMERS Education Team

- All about your OMERS pension

## MROO Seminar

- Information: CPP, OAS, Wills, Powers of Attorney
- Discussion: Are you ready to retire?
  - Your budget: What will you need/want?
  - What are you looking forward to?
  - What do you fear about retirement?
  - What will you do with your time?
  - Will you want retiree health insurance?
- MROO lifetime membership
- MROO Retirement Planning Guide



# MROO Retirement Planning Seminars



Retiree  
Panels  
look back  
on their  
own  
retirement  
experience



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Phil Hollins



OMERS Education Team





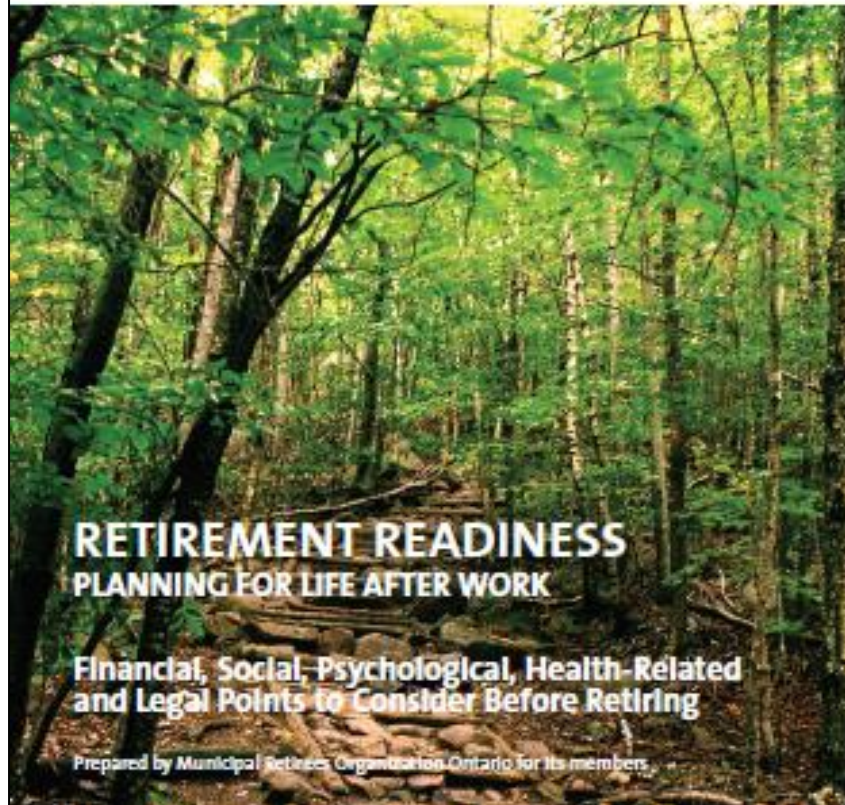
# MROO Retirement Planning Guide

NEW !



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## RETIREMENT READINESS PLANNING FOR LIFE AFTER WORK

Financial, Social, Psychological, Health-Related  
and Legal Points to Consider Before Retiring

Prepared by Municipal Retirees Organization Ontario for its members



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# MROO Retirement Planning Seminars

## THANKS TO

Timmins

Elliot Lake

Temiskaming Shores

Parry Sound

Muskoka

Springwater

Penetanguishene

Wasaga Beach

Centre Wellington

County of Lambton

St. Thomas

Essex County

Waterloo City

York Region

Newmarket

Richmond Hill

County of Dufferin

Orangeville

Scugog/Uxbridge

Rideau Lakes

Greater Napanee

Leeds Grenville

Stormont Dundas

and Glengarry

